

EMERGENCY PREPAREDNESS: Knowing Is Kid Power

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for more on mitigation, preparedness, response and recovery



As summer activities wind down and families send kiddos back to school, it's a time to encourage them of the fun in learning. **KNOWING IS KID POWER.**

The Bastrop County Office of Emergency Management marks August's educational campaign as Child Preparedness leading into September's National Preparedness Month.

Whether you are a parent, a grandparent, a neighbor, or friend, teach kiddos age-appropriate steps to take during an emergency or disaster. Then, practice those steps, giving them confidence to act when an emergency or disaster happens.

Even as adults, when we think of emergencies or disasters, the topic can be scary, especially for those of us who have seen the worst. So, our approach to emergency preparedness with our kiddos has to be calm and encouraging, to not cause the scares.

That's where [Ready.gov/kids](https://www.ready.gov/kids) can help. There, you will find helpful tips and creative, interactive activities for kids of all ages.

Follow us, Bastrop County Office of Emergency Management Facebook page, every Monday during August as we will break down children preparedness in fun, easy-to-understand, teachable chunks so no one becomes anxious or overwhelmed. At this pace, you and those special kids in your life will have time to play, plan, and practice before the next step in preparedness is introduced. Week by week, your **KIDS' POWER IN KNOWING** will grow greater.

And for those of you that do not use social media, our Facebook feed can be accessed by going to the [OEM website home page](#).

Here's the weekly Monday OEM Facebook line-up:

Week 1 - Worry Less---Make A Family Plan. You'll find several great fillable forms here. And **KNOWING** how to call 9 1 1 for emergencies is **KID POWER**.

Week 2 - Go---Create a Go Bag. Would your favorite kiddo include a stuffy in the Go Bag before some shoes? Find out while playing the [Build A Kit](#) game.

Week 3 - Own Your Power --- What Kind of Disasters Are There? Don't worry, two games, [Disaster Master](#), for pre-teens, and [Disaster Mind](#), for teenagers, provide a fun, competitive challenge as your gamer moves through all sorts of natural disaster levels.

Week 4 - You Got This --- Tell Your Friends About Emergency Preparedness. This is really where **KNOWING IS KID POWER**. Kids telling kids about **PREPAREDNESS**. Kids playing, "We **KNOW WHAT TO DO** during the disaster." With their friends, kids might play [Ready 2 Help Card Game](#) or color and play activities together in the fantastic [Prepare with Pedro Disaster Preparedness Activity Book](#).

So, as kiddos of all ages step into the fall routines of school and extracurricular, encourage them and remind them that **KNOWING IS KID POWER**. When it comes to **PREPAREDNESS**, **KNOWING IS KID POWER**, especially since we can't predict where our kiddos might be when an emergency or a disaster happens.

